



Pre-Op for Vein Ablation

If you plan on taking a mild sedative prior to procedure, please ensure that you have arranged transportation as you should not drive.

Day before Procedure:

- 1) Drink plenty of water.
- 2) Do not wear the compression sock the day before or the day of the procedure.
- 3) Do not drink coffee, tea, or any other beverages with caffeine.
- 4) Eat normally.

Day of Procedure:

- 1) Drink plenty of water; arrive well-hydrated.
- 2) Do not smoke.
- 3) Do not wear the compression sock.**
- 4) Bring your compression socks to wear after the procedure.
- 5) Take all your usual medications; unless otherwise specified.
- 6) Do NOT take any diuretic medications.
- 7) Bring a list of current medications.
- 8) Inform staff of any recent infections, fever, chills, or any other notable symptoms.
- 9) You may eat regularly.
- 10) If you are taking a sedative, please arrange for transportation.
- 11) We do not offer transportation.
- 12) We do not supply sedatives.
- 13) Bring an extra pair of pants, shorts, sweats, etc. and socks.