



After Care for Vein Ablation

If you are taking a mild sedative prior to procedure, please ensure that you have arranged transportation as you should not drive.

AFTER PROCEDURE:

- 1) Drink plenty of water.
- 2) Wear the wrap placed on the area of procedure for 48 hours; do not wear your compression sock, yet.
- 3) **Remove the wrap at the end of 48 hours and put on your compression sock.**
- 4) **Wear the compression sock during all waking hours only for two weeks.**
- 5) If you have any discomfort any NSAID is allowable, such as Motrin, IBUPROFEN, etc.; within manufacturer posted limits.
- 6) Walking is encouraged
- 7) No prolonged sitting
- 8) Driving is allowed when you are comfortable to do so.

EXPECTATIONS:

- 1) Mild pain is expected
- 2) Some bruising, redness and slight swelling.
- 3) Mild bleeding

FOLLOW-UP:

It is imperative that you do not miss or cancel or move your follow-up appointment that has already been scheduled

URGENCY

If you have any of the following symptoms, please call our office immediately

- 1) Fever
- 2) Puss
- 3) Excessive bleeding
- 4) Severe pain
- 5) Severe swelling